



BETWEEN THE LINES

January 2023

Welcome to The Chalet

IN HOUSE NOTABLES

**** Transportation to St. Philip Church
at 9:15am every Sunday.**



****Errands are scheduled for January 2nd & 16th
this month. Bus leaves at 9:00 am. Karlene will go to the Stop
& Shop Plaza, CVS Plaza, Walgreens, Banks & Post Office.**

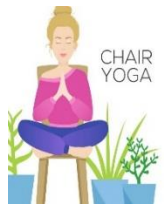
****Bingo is every Tuesday, Friday & Saturday Night
at 6:30 pm in the Activity Room.**



****Queen of Hearts, combined with a Pub Hour,
is held every Friday at 3:45pm.**



**** BoneBuilding classes explore various facets of exercise and physical health, every Tuesday, Wednesday, Friday at 9:30 am Monday & Thursday at 9:15 am in the Activity Room.**



****Chair Yoga with Amy McPhee is held in the Activity Room on Monday, January 2nd & 16th @ 2:00 pm.**



**** Harry's Book Club is meeting on Tuesday, January 3rd & 17th at 10:30 am in the Bridge Room.**



**** Wisdom of the S'Agas with Gwen is meeting on Tuesday, January 10th & 24th at 10:30 am in the Bridge Room.**



****Rosary is every Friday at 1:30 pm in the Bridge Room.**



****Word Mind w/ Terry is Friday, January 6th & 20th and Tuesday the 31st at 10:45 am in the Bridge Room.**

How many words can we come up with??



****Trivia with Mary is every Friday at 2:15 pm, in the Activity Room. One of our most popular programs, you won't want to miss it!**

**** Current Events is held on Saturday morning at 10:00 am in the Bridge Room.**



**** Movies are shown on Sundays in the Club Room. If you have a movie request, please let me know.**

**** Poker Group is Monday-Saturday @ 1:00 in the Club Room and Sundays @ 12:00. New players are always welcomed.**

****Happy Hour is held on Wednesdays at 3:45 pm in the Pub.**



****Wii Bowling is scheduled on Tuesday,
January 3rd , 17th and 31st
at 3:45 pm in the Activity Room.**



****Hi-Low Jack is played on Monday, Wednesday &
Thursday at 6:15 pm in the Bridge Room.**

**** Yale University Class is held every Monday
at 3:30 pm in the Club Room.**

****Get a fresh coat of nail polish w/ Mary on Tuesdays
starting at 1:00 pm in the Bridge Room.**



**** Communion Service
Wednesday, January 11th @ 11:00 am in the library.
Sister Carol Ann from St. Philip's Church will hold a short
service and offer Communion.**



**** Doctor transportation is available on Tuesday & Thursday every week. Be sure Karlene has the information four or five days in advance of your appointments.**



UPCOMING
ACTIVITY PROGRAMS



Dr. Hart Visits Room to Room

Thursday, January 5th beginning @ 9:00 am

**** Schedule for those residents on the Podiatry List will be provided. If there are any changes or additions, please see Karlene.**

Administration / Activity Meeting

Thursday, January 5th @ 2:30 pm (Activity Room)

Please bring your ideas and suggestions with you!

Hope to see you there.



Musical Entertainment with Kalifornia Karl

Saturday, January 7th @ 2:30 pm



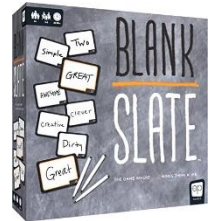
Billiards and Golf with Arthur

Saturday, January 14th @ 3:30 pm

and Saturday, January 21st @ 1:30 ~ Function Room

Blank Slate Game

Thursday, January 15th & 19th @ 10:45 am
in the Bridge Room



Come check out this new game, no experience required.

The Chalet Food Meeting

Thursday, January 12th starting @ 2:30 pm in the Activity Room.
All are encouraged to attend. Your thoughts are very important
to us.



Music Entertainment with Mike Coletta

Sunday, January 14th @ 2:00 pm



Everyone Has a Story

Thursday, January 12th @ 10:45 am (Bridge Room)

This is an opportunity to share some of your life's experiences in a group setting, while also taking the time to reminisce with others. Led by one of our residents, Michael.

Musical Entertainment with Luke Jackson

Wednesday, January 18th @ 6:30 pm ~ Lobby



Musical Entertainment with Vini Ames

Sunday, January 22nd @ 10:30 am (Dining Room)



Po-Ke-No Group

Monday, January 2nd, 16th & 30th @ 10:45 am
In the Bridge Room

A board game where we combine Bingo with Poker. This is a new program, and our group is increasing. We would love to have you join us.

No skill required...just bring your luck.

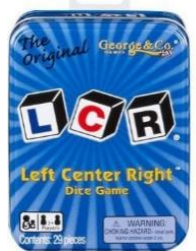


Jeopardy

Monday, January 9th, 23rd & 30th @ 2:30 pm
(Activity Room)
Let's play a few fun games of Wii Jeopardy!

Left, Right, Center Game

Every Tuesday in January @ 2:30 pm (Activity Room)
Just bring your luck and \$ 2.25 in Quarters.



Knitting Group

Wednesday, January 11th & 25th @ 10:45 am (Bridge Room)
Please join us, as we bring back the Knitting Group, where we can gather, chat, and share our love of knitting.
Please bring any supplies with you.





Poetry Reading

Friday, January 13th & 27th @ 10:45 in the Bridge Room
Feel free to bring your own poems to share with the group,
while we also explore the words of famous poets.



New Resident Welcome Reception

Thursday, January 19th @ 2:30 pm (Activity Room)
Let's give a warm welcome to the Chalet's newest residents.



Resident Birthday Social

Thursday, January 26th @ 2:30 in the Activity Room
All residents are welcomed to help us celebrate
those who were born in January.

Bridge Club

Every Thursday @ 2:00 pm in the Bridge Room
~ New players are always welcomed.

Team Trivia Competition

Friday, January 27th @ 2:15 pm in the Activity Room
A friendly game of knowledge between the Staff & Residents.

ENTERTAINMENT SCHEDULED FOR JANUARY



** All entertainment is held in the Lobby,
unless otherwise indicated



Saturday, January 7th @ 2:30 pm.....Kalifornia Karl

Saturday, January 14th @ 2:00 pmMike Coletta

Wednesday, January 18th @ 6:30 pm.....Luke Jackson

Sunday, January 22nd @ 10:30 am (Dining Room)Vini Ames

Saturday, January 28th @ 2:00 pm Donna & Mike



TRIPS SCHEDULED FOR
JANUARY



Wednesday, January 4th @ 11:15..... The Old Grist Mill Tavern
~ *Venerable riverside restaurant preparing steaks, fish & other American fare amid traditional decor.*

Wednesday, January 11th @ 11:15pm..... The Crow's Nest
~ *Straight-up seafood, pasta & sandwiches provided in a laid-back, nautical-themed waterfront eatery.*

Wednesday, January 18th @ 1:15.....Lincoln Cinema
~ *Movie to be determined*

Monday, January 23rd @ 11:15..... Cowesett Inn
~ *Longtime eatery providing a variety of traditional American entrees in an old-fashioned dining room.*

Monday, January 30th @ 1:30..... Dave's Kohl's & Target
~ *An opportunity to pick up those little odds and ends.*

******* Make sure to sign up for trips early, as there are limited seats available.

*****ALL** Activities and Trips are subject to change.



JANUARY BIRTHDAYS



Joan G.....1/2

Bunny V.....1/3

Doria I.....1/12

Carolyn A.....1/13

Pauline M.....1/27

Donna S.....1/31

